



ENABLING CLIENT RESPONSIBILITY IN HEALTH CARE

FOR STUDENTS IN HEALTH CARE AND REHABILITATION

A COEHRE ACADEMY Course



Rationale

As part of our work within the COEHRE Academy, there is the felt need to create opportunities for student internationalization on an interdisciplinary platform. The International Course on Wellbeing and Health is organised as a meeting platform for all the students of COEHRE partner institutions. It also reflects our rationale to offer higher education in health care from an international, multidisciplinary and innovative point of view.

The new course is the initiative of 10 Partner institutions with Health Care and Rehabilitation. The delivery of the course has been set up with a distance learning module (Module 1) coordinated by Hasselt, Belgium, and then an intensive programme in a residential setting (Module 2) to take place in Setubal, Portugal.

Contact

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Organization

The course consists of two parts

Distance learning 24.03.2014 - 23.04.2014 The content for this module is a profound study, under different perspectives in different moments in time, of health as well as client's autonomy and participation related issues. Information will be given at different timings so that the students can build up their work.

Workload (2 ECTS-credits)

Intensive programme 27.04.2014 – 9.05.2014 During the intensive programme students and staff members of the different participating institutions meet during 10 days in Setúbal (Portugal). In this part we focus on exchange of ideas and experiences on health care issues as well as client's autonomy and participation related issues. This goes back on the different issues of the distance learning module and emphasises topics such as: intercultural dimensions in health care, ethical aspects and new therapeutic approaches.

Workload (3 ECTS-credits)

Contents

Distance learning programme - The module will be based on the analysis of several issues related to health care as well as client's autonomy and participation related issues. There will be several stages, with different feedback and information provided at each stage, as preparations for the work to be carried out in the intensive programme. Each school has a local tutor during the whole of the duration of this part, who will support the students, and meet with them every week.

The work will be carried out through the use of a web learning platform – the Blackboard, where the students will have access to the information they need and where they can meet their fellow students and discuss different views and perspectives.

Intensive programme: Interdisciplinary course on Enabling Client Responsibility in Health Care is divided in three parts: First we focus on exchange of ideas and experiences of students and staff-members. Students will present the work developed during module 1, and a discussion around main concepts will be stimulated, with support from practical workshops and keynotes.

On a second phase, students will be involved in a Transfer into practice project, working in the community.

At the end, the community projects will be presented and discussed in an international, intercultural and interdisciplinary way.

Main Learning Outcomes

This programme aims at the development of inter-professional and intercultural competences within the field of global health. It is designed for future health care professions and social workers with an interest in global health and community health.

It deals with the evolution of society in Europe, which has led to the development of new roles played by citizens in general, and health and social services users in particular. In an increasingly client-led culture, the implementation of a responsive health care system is of greater importance than ever.

The course focuses particularly on self determination, self management, social capital, poverty, social inclusion, well being, lifestyle, quality of life and their role in the client/services relationship. It will have four thematic days and a “Transfer into Practice” project. Learning approaches will be focused on project and competence based, using an inclusive model and collaborative learning.

It requires the participation on a preparatory module based on distance learning and a ten days intensive programme with activities taking place in an inter-professional, international and intercultural context. The main learning outcomes are:

- To enhance their competences of understanding the paradigms of different professions and cultures;
- To demonstrate increased knowledge about different concepts such as self determination, self management, social capital, poverty, social inclusion, well being, lifestyle, quality of life and their role in the client/services relationship;
- To demonstrate strategies on a community based approach and a strategy of health promotion and empowerment;
- To understand all determinants involved in one’s ability to be self determined, in a given place on a given time, as well as develop strategies to promote the clients’ ability to be self determined.

Pillars of the course

What follows, are the general principles which underpin this Course and its delivery:

- The Course is student focused. The content and teaching methodologies employed reflect a student-led approach. The student is responsible for his learning.
- The curriculum has an international dimension aimed at broadening the knowledge of students beyond that to be gained from the academic programme in their home country. The course creates an opportunity to allow students to gain a truly international perspective of health care and to analyse, compare and contrast the origins, policies and delivery of care in partner countries. It offers students the possibility to meet other students from different countries, in different professional fields within health care and to exchange ideas.
- The course attaches a lot of importance to interdisciplinary work. More and more professionalism and team-work are becoming extremely important. Nevertheless training programmes are separated in different professions and specialisation. One of the main assumptions in this project is the use of an interdisciplinary approach that reflects on a co-operation between

the different professions in health care.

- The course reflects on a professional perspective on the development and current practices of health care in each partner country.
- A client/user centred approach to health care systems and health care delivery is incorporated into the curriculum. The course focuses on the delivery of health care and rehabilitation, enabling evaluation of who is best able to deliver care.

Working Method

Every week consists of a combination of plenary sessions, workshops, site visits, self-study and socio-cultural activities. Just like the students, the staff are international and multidisciplinary. At the end of the week, students are given the possibility to reflect on the week's activities and students permanently in contact with a personal tutor, to guide them through the learning process and to assist them with their assignments.

Who can participate?

Students in health care, rehabilitation and social workers with a basic knowledge and multidisciplinary and international interest are invited to participate. Students from all COEHRE partner institutions are welcome to participate.

Accreditation

The accreditation of the Course is based on the principles of the European Credit Transfer System (ECTS), which has become the standard in European student exchange. It allows the home institution to incorporate the 5 ECTS credits and grades of the students in their curriculum.

Further information

can be obtained from:

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