

Intensive program on Active Ageing – March 2014

Introduction

Worried about growing older? About your place in society when you're 60, 70 or 80?

There is a lot to live after 60 — and society is coming increasingly to appreciate the contribution older people can make. That's what active ageing is about — getting more out of life as you grow older, not less, whether at work, at home or in the community.

On the website of the EU (www.europe.eu/ey2012) you can read the following description of active ageing. “Active ageing means growing old in good health and as a full member of society, feeling more fulfilled in our jobs, more independent in our daily lives and more involved as citizens. No matter how old we are, we can still play our part in society and enjoy a better quality of life. The challenge is to make the most of the enormous potential that we harbour even at a more advanced age. The common denominators of the Intensive Program on Active Ageing are deduced from the European year 2012, to promote active ageing: participation, employment and independent living by empowerment.

What in an intensive program?

An intensive, interdisciplinary and international program applies multicultural, multidisciplinary, multi-professional and multi-actor approaches. This includes interdisciplinary interaction among students of the HEI's (Higher Education Institutions) as a working method, development of knowledge and awareness of active ageing as well as further understanding of the multidimensional nature of it, and capacity building, which implies different ways of working with the challenges to create better opportunities for active ageing and strengthening solidarity between generations (aim of the European Year 2012).

This intensive, interdisciplinary and international program on active ageing is a program aimed at developing competences in understanding and dealing with an ageing population.

Global program

- A preparatory assignment in the home country and a ten-day-intensive program with multi-professional student and teacher groups.
- A 10 days intensive program realized in Rotterdam, The Netherlands, at the Rotterdam University of Applied Sciences consisting field work, excursions, keynote lectures, group work, tutorial discussions, student presentations and assignments.
- Dissemination of intercultural experiences and learning results in each organisation/degree program.

Who can participate

Students from COHEHRE partner institutions are welcome to participate, particularly third and last year students of health care and social studies with a basic knowledge of health care issues and a multidisciplinary and international interest are invited to participate.

Accreditation

The accreditation of the course is based on the principles of the European Credit Transfer System (ECTS), which has become the standard in European student exchange. It allows the home institution to incorporate the credits and grades in your curriculum. The whole intensive program is worth 3 ECTS when you meet the assessments requirements. The preparatory assignment is validated for 1 ECTS, the assignment of the face-to-face part is validated for 2 ECTS.

Admission fee

Admission fee of the intensive program is € 150 for student from Belgium, Denmark, Norway and Finland. Students from the Netherlands (no accommodation needed), Romania, Bulgaria and Portugal pay € 75. Confirmation of your application occurs after payment of the fee.

Organization and city

The intensive program takes place in Rotterdam, the Netherlands and is organized by Rotterdam University of Applied Sciences (www.hogeschoolrotterdam.nl/) in collaboration with the following participating partners:

- Polytechnic Institute of Setúbal
- University College of Northern Denmark
- Semmelweis University
- Vasile Alecsandri University of Bacau
- University College Artevelde
- Oulu University of applied Sciences
- PXL Hogeschool

When to come

Starting Monday 10th of March until Thursday, March 20th 2014. Arriving on Sunday, 9th of March, leaving on Friday 21st of March.

Where to stay

Hostel De Mafkees

Vijverhofstraat 47

3032 SB Rotterdam

rotterdam@use-it.nl

+31102409158

www.facebook.com/useitrotterdam



Application:

Fill in the following google doc form below:

<https://docs.google.com/forms/d/1xCMPSJK7G4rlq9LPdNT4Miy7NYfs5vRkUF1phKqu15g/vievwform>

More information?

Contact your local coordinator.

