# International Course on Health Care Issues

ICHCI-4: Community Based Mental Health , 28.1.2013 – 9.2.2013 Nijmegen, Netherlands

This IP focuses on Community Based Mental Health issues and wants to meet the psychiatric, psychological, social, physical and practical needs of clients and the role of caregivers.

The themes are:

Mental Health & society. social and mental components were incorporated in the definition of health. No longer mental health problems were interpreted as mere medical disorders, but were also linked to the social context in which they occurred. As society is changing rapidly (a paradigm shift) people have to adapt to those changes which will not always be successful

Mental Health & social psychiatry. Community mental health care, although not yet fully implemented in many regions and countries, provides a full range of effective mental health care

**Mental Health & Europe**. By comparing MH in different parts of Europe students might gain insight in their own evaluation of MH in their own settings.

The Intensive Program **focuses** on the exchange of expertise but also wants to enhance the professional and personal development of participants.

### **Expected Outcomes:**

An Intensive Program for students, teachers and field workers by which students can develop intercultural and interdisciplinary competences and also a better understanding of Mental Health within the European health care systems. The intensive program wants to develop strategies to empower different groups of clients in the society.

- Arrival: 27<sup>th</sup> of January 2013,
- Start course: 28<sup>th</sup> of January, end course: 8<sup>th</sup> of February,
- Departure:9<sup>th</sup> of February 2013

## Costs:

- Teachers:
  - o 75% of travel costs
  - No fee for subsistence etc.
- Students:
  - 75% of travel costs (with a maximum)
  - Fee of € 150 (subsistence)

### Students criteria:

- Students with some practical professional experience (placements)
- Students from 2nd or 3 year of study (depend on total years of study: if 3 years we prefer at least 2nd year, if 4 years we prefer 3th year)
- Students with some basic knowledge of psychiatry
- Students must be able to talk and write in basic English.

### Travel information:

 Plane: Amsterdam airport Schiphol (120 km. from Nijmegen), Eindhoven airport (60 km. from Nijmegen) or, Weeze airport Dusseldorf, Germany, (30 km. from Nijmegen)

- Train:
  - $\circ \quad$  from airport Amsterdam : trains to Arnhem Nijmegen, 2 times an hour.
  - o from airport Eindhoven: trains to Arnhem Nijmegen, 2 times an hour.
  - o from Weeze by taxi buses

# Information:

- HAN University: see website HAN University of Applied Sciences
- Cohehre website: www.cohehre.eu
- Coordinator: email: hein.vanderhulst@han.nl